

# Village End – New 3 Week Menu



W/C.....	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal, Porridge, Toast & Fresh Fruit	Cereal, Porridge, Toast & Fresh Fruit	Cereal, Porridge, Toast & Fresh Fruit	Cereal, Porridge, Toast & Fresh Fruit	Cereal, Porridge, Toast & Fresh Fruit
Morning Snack	Crackers, Cucumber & Cheese Spread	Digestive Biscuits, Tomatoes & Grated Cheese	Malted Milk Biscuits, Carrot Sticks & Grated Cheese	Crackers Fresh Fruit & Philadelphia	Rice Cakes, Marmite & Fresh Fruit
Lunch	Pizza Making	Sandwich Making & Soup	Jacket Potato, Cheese, Ham or Tuna	Scrambled Egg & Toast	Wraps, Ham or Chicken Salad
Afternoon Snack	Rich Tea Biscuit & Sliced Apple	Crackers & Carrot Sticks	Crackers & Banana	Mini Pancakes & Fresh Fruit	Biscuit & Fresh Fruit
Dinner	Beef Bolognaise, Spaghetti & Mixed Vegetables	Jacket Potato, Baked Beans, Cheese & Ham	Chicken, Chickpea, Curry & Basmati Rice	Fish Fingers, New Potatoes & Mix Vegetables	Homemade Pizza & Mixed Salad
Dessert	Fruit Yogurt	Banana & Custard	Sliced Melon	Rice Pudding & Sultanas	Ice Cream & Fresh Fruit

Fresh drinking water is always available. Pre School children are entitled to a serving of semi-skimmed milk every day. Menu may be subject to change depending on availability.

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Morning Snack	Crackers, Cucumber & Cheese Spread	Digestive Biscuits, Tomatoes & Grated Cheese	Malted Milk Biscuits, Carrot Sticks & Grated Cheese	Crackers Fresh Fruit & Philadelphia	Rice Cakes, Fresh Fruit & Marmite
Lunch	Baked Beans on Toast	Vegetable lasagne & Mixed Vegetables	Pitta Bread, Hummus, Carrot Sticks & Cucumber	Fish Fingers, Wholemeal Bread & Tomato Sauce	Sandwich Making, Ham, Cheese or Tuna & Mixed Salad
Afternoon Snack	Rich Tea Biscuit & Sliced Apple	Crackers & Carrot Sticks	Crackers & Banana	Mini Pancakes & Fresh Fruit	Biscuit & Fresh Fruit
Dinner	Lasagne, Broccoli & Carrots	Lemon & Herb Chicken, Wraps & Mixed Salad	Fishcake, New Potatoes & Mixed Salad	Penne Pasta in Tomato Sauce, Cheese & Ham	Homemade Pizza & Mixed Salad
Dessert	Fruit Yogurt	Banana & Custard	Sliced Melon	Rice Pudding & Sultanas	Ice Cream & Fresh Fruit

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Morning Snack	Crackers, Cucumber & Cheese Spread	Digestive Biscuits, Tomatoes & Grated Cheese	Malted Milk Biscuits, Carrot Sticks & Grated Cheese	Crackers Fresh Fruit & Philadelphia	Rice Cakes, Fresh Fruit & Marmite
Lunch	Macaroni Cheese, Cherry Tomatoes & Wholemeal Toast	Boiled Egg & Marmite Soldiers	Sausage, Mashed Potato & Baked Beans	Homemade Pizza & Mixed Salad	Chicken Wraps & Mixed Salad
Afternoon Snack	Rich Tea Biscuit & Sliced Apple	Crackers & Carrot Sticks	Crackers & Banana	Mini Pancakes & Fresh Fruit	Biscuit & Fresh Fruit
Dinner	Turkey Bolognese, Fusilli Pasta & Mixed Vegetables	Fish Pie, Peas & Carrots	Savoury Mince, Jacket Potato & Mixed Vegetables	Sausages, New potatoes & Mixed Vegetables	Homemade Pizza & Mixed Salad
Dessert	Fruit Yogurt	Banana & Custard	Sliced Melon	Rice Pudding & Sultanas	Ice Cream & Fresh Fruit

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